



WEIGHT WATCHERS AT WORK PROGRAM

- Are you already a member of Weight Watchers and would like the convenience of attending meetings at work?
 - Have you seen the ads but haven't gotten around to calling?
 - Ever wanted to join but didn't want to attend after hour meetings?

Living Well would like to help you get the best out of Weight Watchers by offering the opportunity to incorporate your lifestyle choices into your already busy day by trying to get together an on-site meeting with Weight Watchers each week during lunch time.

Don't know if you want to join? Well here are 5 reasons why the At Work program works:

1. Creates Customized Support
2. Its Convenient and Comfortable
3. Receive Daily Motivation
4. You Are in a Healthy Environment that Promotes Success
5. You Gain Personal Satisfaction

All Faculty, Staff, and Students are welcome to join.



WEIGHT
WATCHERS

If you are interested or would like more information, please contact Human Resources at Ext. 4075 or email HRdept@franklinpierce.edu

